



# Create a Time Capsule with Liberty Hall Museum

## **You are living through a historic time right now!**

Many things are changing around you all over the world. Maybe you are social distancing with your family. Maybe the adults in your life are working from home. Maybe you can no longer visit some of your friends or family. This is a historic time for the entire world—but this time will not last forever. Use this time capsule to help record the memories and the struggles of this historic period in your lives. Who knows, maybe the information you record here will help historians 200 years from now understand what children did during the COVID-19 pandemic!!

### **What is a Time Capsule?**

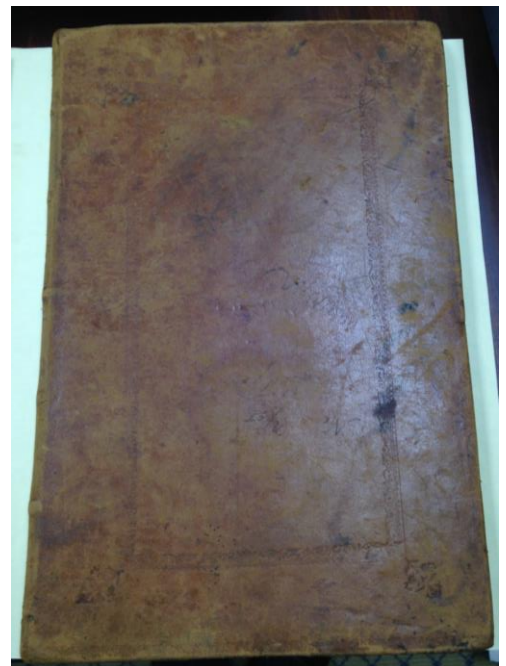
A time capsule is a way to record the past for future generations. Important objects, written stories, and pictures are placed inside a bottle or a container and usually buried in the ground with instructions as to when they should be opened. Not all time capsules have to be buried. Even keeping a diary or a journal about your daily life can be a form of a time capsule. Time capsules are important because they help future historians understand the past.

### **What to include in a time Capsule?**

- Pictures of you and your family from this time
- Stories about what your life is like right now
  - Newspapers from this time
  - Artwork you have created
  - Special objects

### **Time Capsules at Liberty Hall Museum:**

Did you know that Liberty Hall Museum has some time capsules of its own? Many residents of Liberty Hall kept diaries, journals, ledgers, and letters. These time capsules help the museum understand what life was like 50, 100, even 200 years ago!!



Ledger owned by John Kean  
"Book of Foreign and National Debt  
of the US 1789 - 1837"

# All about me:

Name: \_\_\_\_\_

Nickname: \_\_\_\_\_

<b>Age</b>	<b>Height</b>	<b>Weight</b>	<b>Hair Color</b>
<b>Eye Color</b>	<b>Favorite Color</b>	<b>Favorite Food</b>	<b>Favorite Song</b>



Draw a picture of yourself or tape a picture of you in the box above!

# All about my school:

**Grade:**

**School:**

**Teacher:**

**Best  
Friend:**

**Favorite  
Subject:**

## What was your school day like while you were still in school?

What time did school start? \_\_\_\_\_

What time did school end? \_\_\_\_\_

Favorite Class: \_\_\_\_\_

Least Favorite Class: \_\_\_\_\_

Favorite time of the Day: \_\_\_\_\_

Favorite Field Trip: \_\_\_\_\_

What did you like to do after school? \_\_\_\_\_

\_\_\_\_\_

## What is your school day like now?

When does your school day start? \_\_\_\_\_

When does your school day end? \_\_\_\_\_

What do you like best about remote learning? \_\_\_\_\_

\_\_\_\_\_

What do you like least about remote learning? \_\_\_\_\_

\_\_\_\_\_

Favorite Class: \_\_\_\_\_

Least Favorite Class: \_\_\_\_\_

Favorite Time of the Day: \_\_\_\_\_

What do you like to do after school? \_\_\_\_\_

\_\_\_\_\_

# All about my family:

**Who are you social distancing with?**



Draw a picture of the people who you are living with or print out a recent picture of your family and tape it into the box above.

**Write about the people in your house:**

Name	Age	Relationship	Job	Funny things they say!

**Do you have any pets?**



Name(s): \_\_\_\_\_

Type of Animal(s): \_\_\_\_\_

Age(s): \_\_\_\_\_

Draw a picture of your pets or print one out and tape it into the box.

# All about my home:

**Liberty Hall is a big yellow house with four stories and 50 rooms!**  
**What does your house look like?**



Draw a picture of your house or tape a picture in the frame above!

**Color:**

**How many  
rooms:**

**How many  
stories:**

**Favorite  
Room:**



**Design your dream house!**

# All about my feelings:

Which face do you relate to the most?  
Draw it here



Write about your feelings:

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**Remember: you are staying safe by staying home!**

How are you staying busy?

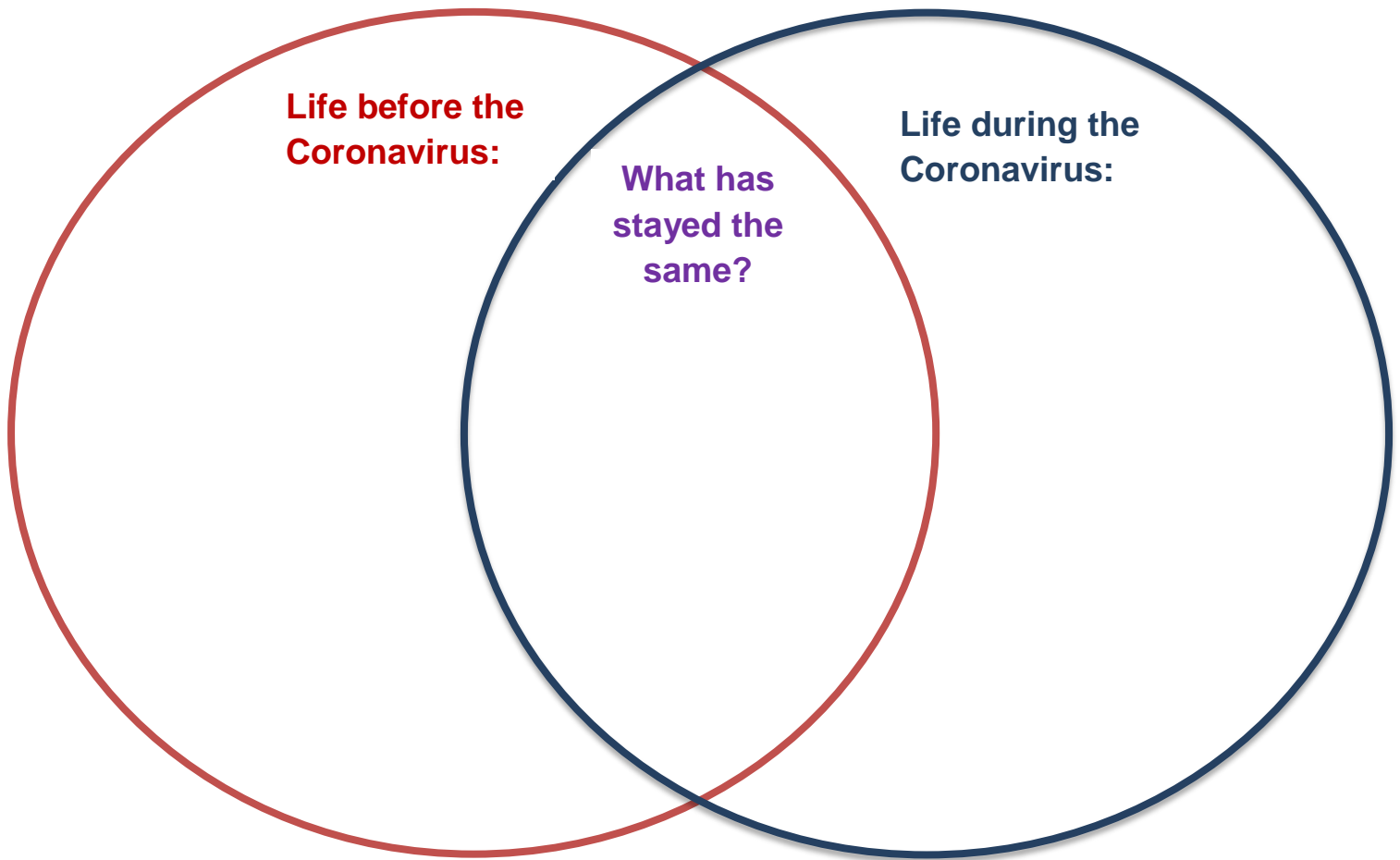
Are you helping your community? How?

What are you doing to stay busy?

What are you thankful for?

# All about this historic time:

How has life changed or stayed the same during this historic time?



What are you looking forward to when this is all over?

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How are you helping to defeat the Coronavirus?

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**Did you know: Over the course of history, the Livingston and Kean families at Liberty Hall have lived through 13 epidemics or pandemics!  
We can all defeat this together!**

Want to do more?

- Tips for talking to kids about Coronavirus:
  - Child Mind Institute:  
<https://childmind.org/article/supporting-kids-during-the-covid-19-crisis/>
- Read your favorite book about overcoming illness! Some of our favorites include:
  - *Madeline* by Ludwig Bemelmans
    - Youtube Read Aloud:  
<https://www.youtube.com/watch?v=JZQ3Or84G9U>
  - *The Velveteen Rabbit* by Margery Williams
    - Youtube Read Aloud:  
<https://www.youtube.com/watch?v=ng13xakqtqs>
  - *Llama Llama Home with Mama* by Ann Dewdney
    - Youtube Read Aloud:  
<https://www.youtube.com/watch?v=NgFuW4bU0MI>
- Looking for other books?
  - Check your local library's digital collections
  - Free Audio Book Guide from Scholastic:
    - <https://www.scholastic.com/parents/books-and-reading/raise-a-reader-blog/free-audio-books-and-why-you-should-try-them.html>
  - Audible Free Audiobooks
    - <https://stories.audible.com/discovery>

Tag us on Social Media!

If you had fun making this time capsule, we'd love to hear about it! Please share your stories and pictures by emailing the museum or tagging us on our social media platforms!

- Email: [libertyhall@kean.edu](mailto:libertyhall@kean.edu)
- Facebook: libertyhallmuseum
- Instagram: @libertyhallmuseum

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